

CELEBRATE LIFE IN RECOVERY.

855 INDIVIDUALS COMPLETED CANADA'S FIRST SURVEY ON LIFE IN RECOVERY FROM ADDICTION.

91% REPORTED A POSITIVE QUALITY OF LIFE IN RECOVERY

IN ADDICTION

65%

REPORTED HAVING STABLE HOUSING



53%

REPORTED REMAINING STEADILY EMPLOYED



42%

REPORTED PAYING BILLS ON TIME



31%

REPORTED PARTICIPATING IN FAMILY ACTIVITIES



14%

REPORTED REGULARLY VOLUNTEERING IN COMMUNITY SERVICE ACTIVITIES



22%

REPORTED PLANNING FOR THE FUTURE



IN RECOVERY

96%

REPORTED HAVING STABLE HOUSING

79%

REPORTED REMAINING STEADILY EMPLOYED

94%

REPORTED PAYING BILLS ON TIME

90%

REPORTED PARTICIPATING IN FAMILY ACTIVITIES

67%

REPORTED REGULARLY VOLUNTEERING IN COMMUNITY SERVICE ACTIVITIES

89%

REPORTED PLANNING FOR THE FUTURE

THESE INDIVIDUALS OVERCAME MANY CHALLENGES TO ENTER AND MAINTAIN RECOVERY.

"RECOVERY GIVES ME FREEDOM. IT GIVES ME CHOICE. IT ALLOWS ME TO FOLLOW MY DREAMS. I AM NO LONGER CHAINED TO MY ADDICTION."

BECOME A PART OF THE RECOVERY MOVEMENT IN CANADA.

VISIT WWW.CCSA.CA TO READ THE FULL REPORT AND LEARN ABOUT CANADA'S NATIONAL COMMITMENT TO RECOVERY FROM ADDICTION.



Canadian Centre on Substance Use and Addiction

Evidence. Engagement. Impact.